

## 23.6.-3.8.2025



#### Mondays at 12 PM and 3 PM Explore the World of Herbs

Visit the herb garden and select your own herbs for a relaxing foot bath. Enjoy herbal tea and listen to the whispers of nature. A traditional healer will introduce you to locally made Kuumu-style sauna therapy products, available for purchase from the heritage cottage. Price: 10€ per person. Group size: 2-10 participants. Booking deadline: Please sign up by 6 PM the evening before

Kalevala Experience

+358442755288, info@kalevalaexperience.fi



#### Tuesdays 10 AM

#### Mountain Biking Tour

2-3 hour mountain biking tour through varied terrain. Includes coffee and pastries at Kaesa's Café. 49€ per person. Tour will take place with a minimum of 2 participants—please sign up by 6 PM the day

Kalevalan Juhlatakomo +358 452552955, info@juhlatakomo.fi

#### 11 AM Life in the bearlands

Let a local guide take you to visit her house in the middle of an area where bears and many other wild animals are roaming! The house is located 25 km away from the city center of Kuhmo, where you can observe animals tracks, signs of the ice age and in the summer time berries and mushrooms. We will have a small walk in the area, about 4 kilometers. The guide will tell you more about the local lifestyle and that connects traditions with modern tecnology. perhaps you will learn, why Finish people are the happies in the world! Note! the owner of the house has a cat, so this tour is not suitable for allergic people. 3-4h tour, 159 € per person, Group size; 2-8 people.

Koekainuu.fi, kerttu@koekainuu.fi, +358 4578387308

#### 6 PM Smoke sauna

The sauna at Kalevala Camping by Lake Lammasjärvi is available on Wednesdays and Saturdays! 10€ per person bring your own towel.

+358 452552955, info@juhlatakomo.fi





#### Wednesdays

#### Winter War Tour

Explore the Winter War Museum and take a roughly 100 km self-drive tour to visit historical Winter War sites in the area.

Read more: https://visitkuhmo.fi/en/traditions-stories/military-history-in-kuhmo/

Kuhmo city organizes a 6-hour guided bus tour with Lassi Piirainen on Sunday, June 29 and Wednesday, July 23. Price: 25€ per person. Book in advance . https://kuhmo.cpu.fi/ tai +358 8 615 5521



#### Thursdays 4 PM

#### Solar viewing

Experience a unique opportunity and observe the sun through a telescope with expert guidance. Weather dependent. Registration by 10 AM on the same morning. 29€ /person, no minimum group size. Snacks and refreshments available at the café.

Lentiira Holiday Village +358 44 728 8930 sales@lentiira.com



#### Fridays

#### Cultural Day in Kuhmo

Explore Kuhmo's stunning architectural sites at your own pace, including **Kuhmo Arts Centre**, the city library, **Kide Stage** (Architizer A+ Popular Choice Award 2025), **Kuhmo Church**, and **the Lakeside Path**. Discover Kalevala epic at **Juminkeko** and enjoy traditional "rönttönen" **Kaesa Café**. Also visit local shops like **Villa Vanamo yarn shop** & **Poukama boutique**, **Sanninco** offering wooden jewelry and local products, **Rusanen Kulma gift shop**, and other town stores.



#### Saturdays

#### Visit the Lentiira Pastry Shop

Open on Saturdays from 9 AM to 1 PM, the Lentiira Pie Shop is a cozy meeting place where locals and cottage-goers come together over delicious pastries.

Lentiirantie 4225

#### Canoeing

The Guardian recommends heading to Kuhmo for a paddling adventure. Rent a canoe and explore the beautiful Harakkasaari Island with its sandy shores, located just off Kalevalankangas – at your own page

Ask also about the guided group tour on Thursdays at 1 PM, 49€ per person. Canoe rentals: Kalevala Camping +358 452552955, info@juhlatakomo.fi

6 PM - 8 PM

#### Spa Evening by Lammasjärvi Lake

Promote your well-being at our beautiful lakeside spa with stunning views! Enjoy the sauna, an evening swim, or relax in the outdoor hot tub. €10 per person – bring your own towel.

Available every evening starting June 26!

Hotell Kalevala





#### Sundays 8:30–9:30 AM Morning Yoga

Start your day with a lovely yoga session at a nature-inspired hotel setting. Register at Hotel Kalevala reception by 6 PM the evening before. Price:  $\[ \in \]$ 11 per person. Starting June 29

info@hotellikalevala.fi,+358 86554 100

# Additionally

## There are many events and exhibitions in Kuhmo every week.

#### Check out the festival programmes:

Sommelo Ethno Music Festival 24.-26.6. Joutsentanssi Kuhmo Dance Festival 8.-12.7. Kuhmo Chamber Music festival 13.-26.7.

Enrich your weekly program with a variety of events. www.visitkuhmo.fi/en/summer-in-kuhmo



#### Museums:

Winter War Museum & Untold Arctic Wars - digital Exhibition

Tuupala House Museum

Tasanko Home Museum (reservation required, call +358 407 205 837)

#### **Nature Visitor Centre Petola**

Open 30.6.-25.7. Mon-Fri at 11am-4pm.

## Here you can find companies offering rentals and guided tours:

www.visitkuhmo.fi/en/guided-tours-andequipment-rental/

#### Restaurants and coffee shops:

https://visitkuhmo.fi/en/eat-drink/



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